

Healthcare Buddies Checklist

- Your primary role is to listen. Don't interrupt, dominate the visit or ask many of your own questions.
- Help the patient remember issues or questions you previously discussed.
- Be empathetic – try to understand how the patient perceives what is going on and react accordingly.
- Respect the patient's dignity, judgment, privacy, and independence.
- Act to mobilize all caregivers - professionals, friends, and family - as a team that focuses on the patient's healing and comfort.
- Continually guard the patient's interests, expectations, preferences and needs - and make sure that all caregivers are focused on the same goals.



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